

# Learn to Skate Application Form

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Phone (H): \_\_\_\_\_  
Email: \_\_\_\_\_  
Gender: Male:  Female:   
Date of Birth: \_\_\_\_\_

In consideration of you accepting this application, I hereby for myself and my heirs, executors and administrators, waive and release any and all right and claims for damage I may have against the KW Sertoma Speed Skating Club, the Ontario Speed Skating Association, Speed Skating Canada, the City of Kitchener and the City of Waterloo suffered by me during club organized training, practice and competition events.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

(Applicant or Parent/Guardian if applicant is under 18 years of age.)

OFFICE USE ONLY:

Assigned Skate: \_\_\_\_\_

The KW Sertoma Speed Skating Club was formed in 1963 by a group of interested families. It remains a family oriented club with skaters of all ages, including Special Olympic athletes. On-ice instruction is tailored to group of different ages and abilities: young children, youth and adults of all ages are welcome. Some skaters follow the more competitive stream, and some are interested in the fitness and social aspects of the sports.

Our team of dedicated volunteer coaches develops a program tailored to suit each skater. Our NCCP coaches receive ongoing training from the Ontario Speed Skating Association, as well as, other training programs.

Our competitive skaters, the KW Cobras, participate in many meets run by Ontario clubs and beyond. We have Short Track, Long Track and Marathon skaters. Some competitive skaters qualify to go to Provincial and National Championships, as well as the Ontario and Canada Winter Games.

The KW Sertoma Speed Skating Club gratefully acknowledges support from all of the following generous organizations.

**KW Sertoma Club  
Trillium Foundation of Ontario  
City of Kitchener  
City of Waterloo**

**[www.kwspeedskating.com](http://www.kwspeedskating.com)**

# Learn to Speed Skate

with the  
***KW Sertoma Speed Skating  
Club***  
and the



- 4 hours of instruction on the fundamentals of Speed Skating
- Nationally Certified Coaches
- Speed Skates Provided
- Two programs available starting:
  - **September 2011**
  - **January 2012**

**Improve your skating skills**

**Skaters of all Ages and Abilities**

**FUN, FAST and EXCITING**



The KW Sertoma Speed Skating Club is proud to provide a “Learn to Skate” program for participants in the Kitchener-Waterloo area. This is a fantastic way to try out the sport that we are passionate about. The sport provides recreational, fitness and social opportunities, as well as competitive opportunities for those who are interested.

**CLUB MEMBERSHIPS:**

- Single and Family Memberships
- Twice weekly or three times a week memberships
- Rental skates available
- Fitness, Recreational and Social
- Practice most Monday, Thursday and Saturdays from September to March (see ice schedule)
- Club mini-meets and badge program
- Dry-land training
- Team suits and jackets available for meets

**Questions:**

- Call: Doug Flynn 519-742-4026
- Visit: [www.kwspeedskating.com](http://www.kwspeedskating.com)
- Info: RIM Park Lobby

**Fall 2011 Session:**

- Saturday, September 10, 17, 24
- Saturday, October 1
- Time: 10:00 – 11:00 AM

\*Arrive 30 minutes early

Registration and Skate Fitting:

- Thursday, September 1
- Time: 7:00 – 9:00 PM

**Winter 2012 Session:**

- Saturday, January 21, 28
- Saturday, February 4, 11
- Time: 10:00 – 11:00 AM

\*Arrive 30 minutes early

Registration and Skate Fitting:

- Thursday, January 12
- Time: 7:00 – 9:00 PM

**PRICE PER SESSION:**

- \$60 per individual
- \$150 per family

**Program Location and Sign-up:  
RIM Park Recreation Complex**

**MANDATORY EQUIPMENT** (limited supply available from the club)

- Hard-Shell Helmet (bicycle or hockey)
- Bib-Style neck protector
- Knee Pads (volleyball or roller-blading)
- Shin Guards (soccer)
- Gloves (nylon or leather)
- Long Sleeves, Long Pants, Long Shirt

# Learn to Skate Application Form

**Previous Skating Experience**

YES:  NO:

**If yes, indicate your skill level**

- Beginner
- Intermediate
- Advanced

**If yes, indicate type of skating:**

- Speed Skating
- Hockey
- Figure Skating
- Recreational
- Roller-Blading

